

# October 2017

## NYCP Activities and Classes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 *JAWS Logo Contest Start  *JAWS Half Marathon and Water Contest Start	3 Tae Kwon Do-6:40p	4	5 Tae Kwon Do-6:40p	6	7
8	9	10 Tae Kwon Do-6:40p	11	12 Tae Kwon Do-6:40p	13	14 Fargo Mini Marathon 5k 8:10a
15	16	17 Tae Kwon Do-6:40p	18	19 Tae Kwon Do-6:40p	20	21
22	23	24 Tae Kwon Do-6:40p	25	26 Tae Kwon Do-6:40p	27	28
29	30 Reach One Teach One-4-6p	31 Tae Kwon Do-6:40p				

### Monday- 4-5<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

### Tuesday- 6<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

### Wednesday- 7<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

### Thursday- 8<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

### Sat & Sun Fitness

Pod C: 11:15a

Pod D: 12:15p

Pod A: 1:35p

Pod B: 2:45p

### STEAM Classes

Saturdays- see Mr. Ruck for schedules and classes.

### Cooking Classes

See kitchen staff for schedule.