

# December 2018

## NYCP Activities and Classes

PBIS Theme: Compassion



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Fitness Training</b> Mon, Tue, Th Pod C- 7:30p Pod D- 8p	<b>Fitness Training</b> Mon, Tue, Th Pod A and B- 8:30pm	<b>Fitness Training</b> Fri, Sat, Sun Open Gym, listen for announcement				1  <b>Jingle Bell 5k 8am</b>
2 7 <sup>th</sup> College and Career Class	3 Reach One Teach One- 4-6p <b>LAST Class</b>	4 Tae Kwon Do- 6:40p	5	6 Tae Kwon Do- 6:40p	7	8
9 8 <sup>th</sup> College and Career Class	10	11 Tae Kwon Do- 6:40p	12	13 Tae Kwon Do- 6:40p	14	15 <b>NO NYCP FITNESS CLASSES</b>
16 <b>NO NYCP FITNESS CLASSES</b>	17	18 Tae Kwon Do- 6:40p	19	20	21	22
23	24	25	26	27	28	29 <b><u>RUNNING CLUB</u></b> <b>Tuesday-Friday 7:00-7:50p</b>

Tuesday- 6<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

Wednesday- 7<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

Thursday- 8<sup>th</sup>

Boys: 4-4:55p

Girls: 5-5:55p

Friday- 4-5<sup>th</sup>

Boys and Girls:

3:30-4:30p

Sat & Sun Fitness

Pod C: 11:15a

Pod D: 12:25p

Pod A: 1:35p

Pod B: 2:45p

STEAM Classes

Saturdays- see  
Mr. Ruck for  
schedules and  
classes.

Cooking Classes

See kitchen staff for  
schedule.